This month, the "Take Charge of Your Health Today" page discusses the resilience that the Pittsburgh community has shown during this year's unprecedented circumstances. 2020 has shown us that, as a community, we have the strength and shared purpose to make things better for our neighbors. A community concern for which Pittsburgh is known. "When our neighbors are in distress, Pittsburghers step up and do what is right. This is in the definition of resilience, and I encourage the community to continue this involvement and growth. We see resilience in our homes, on social media, and in our children." With 2020 coming to an end in a few weeks, it is vital to reflect on our successes.

Many of us have lost our jobs and businesses, as well as loved ones, but we have not lost the sense of community or the ways in which we support each other. We see the community coming together in November for our annual Thanksgiving Distribution, where 850 families in the various communities were helped and supported during the Thanksgiving season. We see the resiliency and support of our neighbors through the Urban League's All Star Pittsburgh Initiative that is supporting people in our community who do not have access to vital emergency items like clothing supplies and toiletry items. The Pittsburgh Study continues to be a vast array of opportunities for you to help your fellow neighbor in these times of giving. If you can, donate money, time or in spirit. Review the other resources that are available on this page and get involved. Take charge of your health and well-being, and help your neighbor the way they did through this, Pittsburgh, but WE MUST DO IT TOGETHER.

Hello Baby and Pittsburgh Study want to help children thrive.

As 2020 comes to an end, and we are still mired down by the COVID-19 pandemic, it is time to reflect. It has been a difficult year for many of us and our families. People have been forced to find new ways to bounce back from hardship, to be resilient. We have given support and asked for support from each other in order to protect ourselves and our families. Some people's difficulties have been made worse by the pandemic. Fortunately, Allegheny County is an area with many resources that can help people and families to be resilient in these times. "We're very lucky in Allegheny County to have resources available on this page and get involved. Take charge of your health and well-being, and help others. Review the other resources that are available on this page and get involved. Take charge of your health and well-being, and help others.

The Pittsburgh Study is a community-partnered study to find out what works to help children thrive. The study follows children in Allegheny County from birth through high school in order to find out the best ways to give children the support they need to graduate from high school on time, be healthy, and thrive. The Pittsburgh Study is a formal research study. Children can enroll at different ages. So, how is the Pittsburgh Study a community resource? It is not only informers resources on here to help children thrive, the study itself provides families with access to resources.

The study comprises different groups based on age—pregnancy to adolescence. With the Urban League of Greater Pittsburgh's Early Childhood Collaborative groups, families can access the Pittsburgh Study at various places that are familiar to them—birthing hospitals, WIC, family support centers and other places that are familiar to them. Families can choose not to participate in any programs they do not wish to participate in. The Urban League's All One Pittsburgh initiative that is available in Allegheny County. The Pittsburgh Study is a community-partnered study to find out what works to help children thrive. The study follows children in Allegheny County from birth through high school in order to find out the best ways to give children the support they need to graduate from high school on time, be healthy, and thrive. The Pittsburgh Study is a formal research study. Children can enroll at different ages. So, how is the Pittsburgh Study a community resource? It is not only informers resources on here to help children thrive, the study itself provides families with access to resources.

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